

**Florida Department of Education
CURRICULUM FRAMEWORK**

Program Title: Family Dynamics
Program Type: Practical Arts
Occupational Area: Family And Consumer Sciences
Components: N/A

	<u>Secondary</u>
Program Numbers	8500345
CIP Number	0920.0116PA
Grade Level	9-12, 30, 31
Length	.5 credit
Certification	VOC HME EC @4 HOME EC 1 @2 GEN HME EC @4
Facility Code	231
CTSO	FCCLA
Coop Method	No
Apprenticeship	No

- I. **PURPOSE:** The purpose of this course is to prepare students for the roles, responsibilities and relationships essential to functional families and to understand the nature, function, and significance of human relationships within family and individual units.

The content includes, but is not limited to, recognizing the role and importance of the family; formulation of skills in preparation for successful adult and family life; the family life cycle; development of skills to build and maintain healthy family relationships; address current issues that create stress and conflict within the family unit; recognizing the importance of balancing work and family; evaluation of the technological and social forces impact on the family - past, present and future.

- II. **PROGRAM STRUCTURE:** A 1/2 credit, practical arts course.
- III. **SPECIAL NOTES:** Family Career and Community Leaders of America, is the appropriate career and technical student organization (ctso) for providing leadership training and reinforcing specific career and technical skills. Career and Technical Student Organizations, when provided, shall be an integral part of the instructional program, and the activities of such organizations are defined as part of the curriculum in accordance with Rule 6A-6.065, FAC.

Instruction and learning activities are provided in a laboratory setting using hands-on experiences with the tools, materials and technology appropriate to the course content and in accordance with current practices.

SCANS COMPETENCIES: Instructional strategies for this course must include methods that require students to identify, organize, and use resources appropriately; to work with each other cooperatively and productively; to acquire and use information; to understand social, organizational, and technological systems; and to work with a variety of equipment. Instructional strategies must also

incorporate the methods to improve students' personal qualities and higher-order thinking skills.

Equipment List: A generic equipment list is available for this course and is printed in a supplement to this document.

IV. **INTENDED OUTCOMES:** After successfully completing this course the student will be able to perform the following:

- 01.0 Identify concerns adolescents' face regarding their changing bodies as a part of human development, behavior and relationships.
- 02.0 Prepare for adult and family life.
- 03.0 Specify the role and significance of the family.
- 04.0 Examine the major phases in the family life cycle.
- 05.0 Build healthy family relationships.
- 06.0 Develop strategies for managing stress, conflict and crisis.
- 07.0 Assess the importance of balancing work and family.
- 08.0 Evaluate forces that impact the family.
- 09.0 Demonstrate leadership and organizational skills.
- 10.0 Identify recent trends/developments in brain research.

Florida Department of Education
STUDENT PERFORMANCE STANDARDS

Program Title: Family Dynamics
Secondary Number: 8500345
Postsecondary Number:

01.0 IDENTIFY CONCERNS ADOLESCENTS FACE REGARDING THEIR CHANGING BODIES AS A PART OF HUMAN DEVELOPMENT, BEHAVIOR AND RELATIONSHIP--The student will be able to:

LA.A.1.4.3, MA.A.4.4.1, SC.F.2.4.1, SS.A.1.4.2, SS.C.2.4.6, SS.D.1.4.1, SS.D.2.4.1, SS.D.2.4.2, SS.D.2.4.3, SS.D.2.4.4, HE.A.1.4.1, HE.A.1.4.2, HE.A.1.4.3, HE.B.1.4.1, HE.B.3.4.2, HE.C.1.4.5

- 01.01 Explain why human sexuality is an integral part of development, behavior and relationship.
- 01.02 Define terminology associated with human sexuality.
- 01.03 Explain the male and female reproductive systems.

02.0 PREPARE FOR ADULT AND FAMILY LIFE--The student will be able to:

MA.E.1.4.1, SC.F.2.4.7, HE.B.2.4.3, HE.B.3.4.1, HE.B.3.4.2, HE.B.3.4.3, HE.B.3.4.4, HE.B.3.4.5

- 02.01 Identify purposes and responsibilities of dating.
- 02.02 Specify marriage laws and customs.
- 02.03 Develop interpersonal skills.
- 02.04 Recognize and prepare for change.
- 02.05 Demonstrate knowledge of personal and professional etiquette.
- 02.06 Develop awareness of personal identity.
- 02.07 Evaluate the effects of values and goals on family life.
- 02.08 Demonstrate respect for self and others.

03.0 SPECIFY THE ROLE AND SIGNIFICANCE OF THE FAMILY--The student will be able to:

LA.A.2.4.1, LA.A.2.4.4, MA.A.2.4.2, MA.E.1.4.1, MA.E.1.4.2, MA.E.1.4.3, HE.B.2.4.4

- 03.01 Generate a definition of family.
- 03.02 Research multi-cultural influences on family life.
- 03.03 Differentiate the strengths and weakness of diverse family structures.
- 03.04 Evaluate the status of the family unit in today's society.
- 03.05 Distinguish the historical changes that have occurred within the family.
- 03.06 Analyze the functions of family - past, present and future.

04.0 EXAMINE THE MAJOR PHASES IN THE FAMILY LIFE CYCLE--The student will be able to:

MA.A.5.4.1, MA.E.2.4.2

- 04.01 Recognize established family identities and boundaries.
- 04.02 Examine established stable patterns that support the family.

- 04.03 Identify and describe family legacies and rituals.
- 05.0 BUILD HEALTHY FAMILY RELATIONSHIPS--The student will be able to:
- LA.E.2.4.1, MA.A.3.4.3, MA.A.4.4.1, SC.H.1.4.1, SC.H.1.4.5
HE.B.3.4.1, HE.B.3.4.2, HE.B.3.4.3, HE.B.3.4.4, HE.B.3.4.5,
HE.C.1.4.1
- 05.01 Demonstrate effective communication skills.
05.02 Explain the importance of and cite examples of teamwork.
05.03 Plan family activities that encourage stability and interaction.
05.04 Apply the decision making process to problem solving.
05.05 Recognize the components of positive conflict resolution.
- 06.0 DEVELOP STRATEGIES FOR MANAGING STRESS, CONFLICT AND CRISIS--The student will be able to:
- MA.A.3.4.1, MA.A.3.4.2, MA.A.3.4.3, MA.B.3.4.1, HE.B.1.4.1,
HE.B.1.4.2, HE.B.1.4.3, HE.B.3.4.5, HE.B.3.4.6, HE.B.3.4.7,
HE.B.3.4.8, HE.C.1.4.1, HE.C.1.4.3, HE.C.1.4.4, HE.C.1.4.5,
HE.C.1.4.6
- 06.01 Analyze the positive and negative effects of divorce and remarriage on family members.
06.02 Analyze and develop techniques for coping with aging, illness, death and dying.
06.03 Plan ways of managing stress, time and finances.
06.04 Recognize and develop coping and prevention techniques for peer pressure, suicide, date rape, child abuse and neglect, family violence, and spouse abuse.
06.05 Identify addictive and destructive behaviors and organize a plan for prevention and rehabilitation.
06.06 Consider and prepare for the possibility of unemployment, natural disasters and war.
- 07.0 ASSESS THE IMPORTANCE OF BALANCING WORK AND FAMILY--The student will be able to:
- LA.A.2.4.4, MA.A.3.4.1, MA.A.3.4.2, MA.A.3.4.3, MA.B.3.4.1,
HE.A.1.4.4, HE.A.1.4.5, HE.A.1.4.6, HE.A.2.4.2
- 07.01 Analyze the roles and responsibilities of family members as they relate to the dual role family.
07.02 Describe latchkey children and identify issues and concerns.
07.03 Identify factors that endanger personal and family safety, and formulate preventive actions.
07.04 Describe the needs and care requirements of elderly family members.
07.05 Describe the needs and care requirements of children of working parents.
07.06 Analyze on site/corporate childcare and its benefits.
07.07 Research the availability and benefits of shared jobs/flex time.
- 08.0 EVALUATE FORCES THAT IMPACT THE FAMILY--The student will be able to:
- MA.D.2.4.1, MA.D.2.4.2, MA.E.1.4.1, MA.E.1.4.2, MA.E.1.4.3,
SC.H.3.4.3, SC.H.3.4.5, HE.B.2.4.1, HE.B.2.4.2

- 08.01 Compare, select and use current technology for the home.
 - 08.02 Assess the positive and negative effects of the media as it relates to family life.
 - 08.03 Describe the interrelationship between school and family.
 - 08.04 Research current laws regarding the family and their effects on member's rights, privileges and responsibilities.
 - 08.05 Evaluate the cause and effect relationship of the economy on economic independence of families.
 - 08.06 Assess the impact of family mobility in today's society.
- 09.0 DEMONSTRATE LEADERSHIP AND ORGANIZATIONAL SKILLS--The student will be able to:
- LA.C.1.4.1, LA.C.1.4.2, LA.C.1.4.3, LA.C.1.4.4, MA.A.4.4.1, MA.A.4.4.3, MA.A.4.4.4, MA.E.3.4.1, MA.E.3.4.2, HE.B.3.4.1, HE.B.3.4.2, HE.B.3.4.3, HE.B.3.4.4, HE.B.3.4.5, HE.B.3.4.6, HE.C.1.4.5, HE.C.1.4.6, HE.C.2.4.4, HE.C.2.4.5, HE.C.2.4.6
 - 09.01 Identify professional and youth organizations.
 - 09.02 Identify purposes and functions of professional and youth organizations.
 - 09.03 Identify roles and responsibilities of members of professional and youth organizations.
 - 09.04 Work cooperatively as a group member to achieve organizational goals.
 - 09.05 Demonstrate confidence in leadership roles and organizational responsibilities.
 - 09.06 Demonstrate commitment to achieve organizational goals.
- 10.0 IDENTIFY RECENT TRENDS/DEVELOPMENTS IN BRAIN RESEARCH--The student will be able to:
- LA.A.2.4.4, MA.E.1.4.1, MA.E.1.4.2, MA.E.1.4.3, SC.F.2.4.3, HE.C.2.4.5, HE.C.2.4.6
 - 10.01 Conduct a study of brain research as it relates to the development of the brain from 0-3 years, using various forms of media, including magazines, books, and the internet. Summarize findings. (Ex.<http://www.kidnetflorida.org/kids>)
 - 10.02 Explain why the first three years of life are critical to a child's development.
 - 10.03 Describe adult-child interactions during infancy and early childhood that promote healthy emotional and social development.
 - 10.04 Relate the brain research findings to the care of children ages 0-3 by parents and other caregivers.
 - 10.05 Give examples of activities that are age appropriate for ages 0-3.