

COMPONENT	OBJECTIVES	COMPETENCY
I Origin and Development	<ol style="list-style-type: none"> <li>List historical facts relative to the origin and development of selected team sports.</li> </ol>	<ol style="list-style-type: none"> <li>The student can discuss the history of selected team sports.</li> </ol>
II Rules and Terminology	<ol style="list-style-type: none"> <li>List and explain the rules of selected team sports.</li> <li>Define the terminology related to selected team sports.</li> </ol>	<ol style="list-style-type: none"> <li>Student can discuss rules and terminology of selected team sports.</li> </ol>
III Safety Practices	<ol style="list-style-type: none"> <li>List and demonstrate safety practices appropriate for selected team sports. (PE.B.2.4.1)</li> <li>List possible injuries that might result from following inappropriate safety practices in selected team sports.</li> <li>Describe and demonstrate proper warm-up and cool-down procedures appropriate for selected team sports.</li> </ol>	<ol style="list-style-type: none"> <li>The student can demonstrate appropriate safety practices related to selected team sports. (PE.B.2.4.1)</li> <li>The student can list three injuries which can result from following inappropriate safety practices.</li> </ol>
IV Fitness Activities	<ol style="list-style-type: none"> <li>List and explain how the health-related components of physical fitness that are increased through the application of training principles in selected team sports. (PE.B.1.4.1)</li> <li>Exhibit an improved or maintained level of health-related fitness as measured by nationally norm, district approved standardized test o health-related fitness. (PE.B.1.4.1)</li> </ol>	<ol style="list-style-type: none"> <li>The student can demonstrate an improved level of health-related fitness. (PE.B.1.4.1)</li> </ol>

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V Fundamental Skills	<ol style="list-style-type: none"> <li>1. Demonstrates fundamental skills in selected team sports. (PE.A.1.4.1)</li> <li>2. Demonstrates fundamental skills in basketball including: passing, catching, shooting, dribbling, and defensive techniques.</li> <li>3. Demonstrate fundamental skills in flag football including: passing, receiving, kicking, snapping the ball, stances, ball carrying, and blocking.</li> <li>4. Demonstrate fundamental skills in flickerball including: passing, catching, and running.</li> <li>5. Describe and demonstrate fundamental techniques in gatorball including: passing, catching, trapping, dribbling, kicking, and heading.</li> <li>6. Describe and demonstrate fundamental skills in soccer including: kicking, heading, passing, throw-in tackling, dribbling, shooting, and goal keeping.</li> <li>7. Describe and demonstrate fundamental skills in softball including: throwing, batting, base running, infield and outfield play, and pitching.</li> <li>8. Demonstrate fundamental skills speed ball including: passing, catching, dribbling, lifting, kicking, tackling, trapping, and heading.</li> <li>9. Demonstrate fundamental skills in volleyball including: dig, serve, pass, spike, set, dink, bloc, and stance.</li> </ol>	A. The student can demonstrate a functional skill level in selected team sports.
VI Techniques	<ol style="list-style-type: none"> <li>1. Demonstrate appropriate techniques applied to selected team sports. (PE.A.1.4.1)</li> <li>2. Demonstrate appropriate techniques applied to basketball including: passing, catching, shooting, dribbling, and defensive skills.</li> <li>3. Demonstrate appropriate techniques applied to flag football, including: passing, receiving, kicking, snapping the ball, stances, ball carrying, and blocking.</li> </ol>	A. The student can demonstrate appropriate techniques specific to selected team sports.

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VII Strategies	<ol style="list-style-type: none"> <li>4. Demonstrate appropriate techniques applied to flickerball games including: passing, catching, and running.</li> <li>5. Demonstrate appropriate techniques applied to gatorball including: passing, catching, trapping, dribbling, kicking, and heading.</li> <li>6. Demonstrate appropriate techniques applied to soccer games including: kicking, heading, passing, thrown-in, tackling, dribbling, shooting, and goal keeping.</li> <li>7. Demonstrate appropriate techniques applied to softball games including: throwing, catching, batting, base running, infield and outfield play, and pitching.</li> <li>8. Demonstrate appropriate techniques applied to speedball games including: passing, catching, dribbling, lifting, kicking, tackling, trapping, and heading.</li> <li>9. Demonstrate appropriate techniques applied to volleyball games including: pass, dig, serve, spike, set, dink, bloc, and stance.</li> <li>1. Describe and demonstrate strategies utilized in selected team sports including: offensive and defensive play, position on court or field, and systems of play.</li> <li>2. Describe and demonstrate strategies utilized in flag football including: offensive and defensive play, portions of the field systems of play.</li> <li>3. Describe and demonstrate strategies utilized in flickerball including: offensive and defensive play, position on the field, and systems of play.</li> <li>4. Describe and demonstrates strategies utilized in gatorball games including: offensive and defensive play, position of field, systems of play, and selected game situations.</li> <li>5. Describe and demonstrate strategies utilized in soccer including: offensive and defensive play, position of field, systems of play.</li> </ol>	<ol style="list-style-type: none"> <li>A. The student can demonstrate appropriate game strategies applied to selected team sports.</li> <li>B. The student can give three offensive and defensive strategies utilized in selected team sports.</li> </ol>

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VIII Consumer Issues	<ol style="list-style-type: none"> <li>6. Describe and demonstrate strategies utilized in softball including: offensive and defensive play, position on field, systems of play.</li> <li>7. Describe and demonstrate strategies utilized in speedball including: offensive and defensive play, position on field, systems of play.</li> <li>8. Describe and demonstrate strategies utilized in volleyball including: offensive and defensive play, position of court, systems of play.</li> <li>1. List consumer issues related to selected team sports, including: selection and purchase of equipment, care and maintenance of equipment and facilities, and selection of additional instruction.</li> <li>2. Identify available community resources providing opportunities for participation in selected team sports. (PE.A.3.4.5)</li> </ol>	<ol style="list-style-type: none"> <li>A. The student can recognizes consumer issues related to selected team sports.</li> <li>B. The student can list three community resources for participation in selected team sports. (PE.A.3.4.5)</li> </ol>
IX Values	<ol style="list-style-type: none"> <li>1. Demonstrate a positive attitude toward selected team sports, both as a participant and an observer as a lifetime activity. (PE.B.2.4.3)</li> </ol>	<ol style="list-style-type: none"> <li>A. The student can list five values derived from participation in selected team sports.</li> </ol>