

# DANCE

COMPONENT	OBJECTIVES	COMPETENCY
<p>I Movement Skills and Underlying Principles</p>	<ol style="list-style-type: none"> <li>1. Exhibits a knowledge of the elements of human anatomy with relation to efficient movement in dance activities. (DA.A.1.3.1)</li> <li>2. Understands anatomical terminology for body planes and regions. (DA.A.1.3.1)</li> </ol>	<ol style="list-style-type: none"> <li>A. The student can name bones, muscles, and tissue orally and in written form. (DA.A.1.3.1)</li> <li>B. The student can demonstrate on his/her own or describe in relation to another person's body, the various planes (frontal, transverse, sagittal), and regions of the body. (DA.A.1.3.3)</li> </ol>
<p>II Dance Making</p>	<ol style="list-style-type: none"> <li>1. Understands how the study of anatomy and physiology interacts with dance. (DA.A.1.3.2)</li> <li>2. Understands the basic elements of physiology with specific relation to dance. (DA.A.1.3.2)</li> </ol>	<ol style="list-style-type: none"> <li>A. The student describes the functions of the skeletal structure in dance movements. (DA.A.1.3.2)</li> <li>B. The student explains the roles of hypertrophy and atrophy in dance choreography and performance.</li> </ol>
<p>III Building Context: Cultural, Social, and Historical Inquiry</p>	<ol style="list-style-type: none"> <li>1. Exhibits a knowledge of the elements of human anatomy in relation to cultural preference in dance activities. (DA.A.1.3.2)</li> <li>2. Understands the correlation between anatomical structure and dance injuries. (DA.E.1.3.1)</li> </ol>	<ol style="list-style-type: none"> <li>A. The student explains and demonstrates, using correct anatomical terminology, movement preferences in various cultures. (DA.C.1.3.2) (DA.C.1.3.3)</li> <li>B. The student identifies common dance injuries and the means for their correction. (DA.E.1.3.1) (DA.E.1.3.2)</li> </ol>
<p>IV Critical and Aesthetic Inquiry</p>	<ol style="list-style-type: none"> <li>1. Understands correct placement, posture, and alignment by using critical observation skills. (DA.A.1.3.1)</li> <li>2. Understands the need for conditioning with reference to specific needs of dancers. (DA.A.1.3.1)</li> </ol>	<ol style="list-style-type: none"> <li>A. The student can, by observation, identify common placement, posture, and alignment. (DA.D.1.3.2)</li> </ol>

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		<p>B. The student can describe a conditioning program suitable for correction of placement, posture, and alignment problems in order to make the choreography or dancer's movements more aesthetically pleasing to the viewer. (D.A.D.1.3.3)</p>